



Concerns for your safety...

At Main Line Sports Center, the health and safety of our members and teams is always our top priority. Amid the growing concerns around Coronavirus, we are taking additional steps to be extra vigilant. This is an evolving situation and we are monitoring it closely to ensure all proper precautions are being taken so everyone feels safe coming to practice.

Our daily cleaning procedures are already very thorough, however given the current situation, we are elevating our cleaning practices to keep our facility a safe and welcoming space for everyone. These additional measures include increasing the frequency of cleaning our lobby, bathrooms, retail area and all equipment. Antibacterial and antimicrobial cleaning solutions are being used and daily deep cleaning of our equipment is taking place.

We encourage our members and team to follow these best practices to help keep yourself and others healthy:

- Wash your hands often with soap and water for at least 20 seconds, especially after visiting the restroom; before eating; after blowing your nose, coughing, sneezing or touching your face
- Avoid touching your eyes, nose, and mouth with unwashed hands
- Consider staying home if you are feeling unwell
- Cover your cough or sneeze with a tissue, then discard the tissue in the trash and wash your hands
- Utilize the disinfectant wipes provided after class to wipe down your equipment thoroughly
- Keep disinfectant with you as a precaution

Please refer to the following resources for the latest updates on Coronavirus:

U.S.: Centers for Disease Control and Prevention

Canada: Public Health Agency of Canada

We look forward to seeing you soon!

The staff and management of Main Line Sports Center